

Dear parents and carers,

1 Excellence Multi Academy Trust recently sent out a letter regarding Coronavirus. We are keeping up to date with the latest guidance from the government and we would like to provide you with additional information. The number of confirmed cases has increased and a high level of vigilance is necessary by everyone.

If you feel your child may be unwell with the following symptoms: high temperature/fever, dry cough and breathlessness, please inform the school and contact NHS 111 or <https://111NHS.co.uk>. In addition, you could contact: Coronavirus helpline - Phone: 0800 046 8687  
Email: [DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

With regards to reducing the risk of spreading, we have been teaching the importance of frequent hand washing in school. We are doing this to reduce the spread of infection. This emphasis will continue.

### **Reducing your risk**

For information on signs and symptoms you should refer to the NHS website for the latest information: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Things you can do to help stop germs spreading include:

- Always carry tissues with you and use them to catch your cough or sneeze. Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

We will continue to monitor the guidance and update you as necessary.

Yours sincerely,

Deb Hindson (Head of School)

Val Hall (CEO 1Excellence)