

RELATIONSHIP AND SEX EDUCATION SCHEME OF WORK 2017

Lesson	FS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
1	Hygiene	Myself and Others	Differences: Boys and girls	Self Esteem	Growing and Changing	Talking about Puberty	Relationships (To include healthy/unhealthy relationships and LGBT relationships and homophobic bullying.)
2	Myself and Others	Naming Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body Changes and Reproduction	Becoming Men and Women	Puberty
3	Family Networks	Family	Challenging Gender Stereotypes	Differences: Male and Female	What is puberty?	Puberty and Hygiene	Conception, Pregnancy and reproduction.
4	Body Awareness	Friendships	Everybody needs caring for	Family Differences	Thinking, feeling, doing – changing relationships	Menstruation and Wet Dreams	Being a Parent
5		Choices	Looking after the Body	Decision Making	Assertiveness	Menstruation Education for Girls	HIV Transmission, including safe sex
6				Safety	Your Questions Answered	Building Good Relationships	Sexual exploitation Grooming On line safety
		Kidsafe	Kidsafe				