

PE Long Term Plan 2025 - 2026

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Group						
EYFS	Fundamental movement skills	Move with Max Into the woods	Move with Max Up in Space	Move with Max Jack and the incredibly mean stalk	Move with Max Under the sea	Fundamental movement skills
Year 1	Games Target Ten point hoop outside) Games Target Rolla ball outside)	Games Invasion Skittles (outside) Gymnastics Assessing Level 1-2 / Balancing Act (Durham) (To be performed)	Dance What's So Funny? (Durham) Games Invasion Three Touch Ball (Adapted) (outside)	Games Kick Rounders Beanbag Throw (Durham) outside) Games Net/wall Mini-Tennis	Games Target Boundary Line (Durham) outside) Dance Themes and Dreams (Durham) (To be performed at the end of the performance)	OAA Where are we going? Gone Fishing (Durham) outside) Athletics Furthest Five Colour Match Off, up and Away (Durham)
		(ve ze per jer mea)			, per per manuely	outside)
Year 2	Games Invasion Skittles (outside) Gymnastics Assessing Level 1-2 / Balancing Act (Durham) (To be performed)	Games Target Ten point hoop outside) Games Target Rolla ball outside)	Games Kick Rounders Beanbag Throw (Durham) outside) Games Net/wall Mini-Tennis	Dance What's So Funny? (Durham) Games Invasion Three Touch Ball (Adapted) (outside)	OAA Where are we going? Gone Fishing (Durham) outside) Athletics Furthest Five Colour Match Off, up and Away (Durham) outside)	Games Target Boundary Line (Durham) outside) Dance Themes and Dreams (Durham) (To be performed at the end of the performance)
Year 3	Games Target Basketball (outside) Games Striking and fielding Runners (Durham)	Games Invasion End zone (Durham outside) Gymnastics Assessing Level 3 Partner Work (Durham) (To be performed)	Dance What's 50 Funny?/ Children's interests Assessing level 3/4 (Durham) Games Football outside) https://securese rvercdn.net/166.62.1 10.90/13a.a91.myftp upload.com/wp- content/uploads/201 5/08/Three-touch- ball.pdf	Games Invasion Grid Rugby (Durham) outside) Games Net/wall Mini-Tennis (Durham)	Games Striking and fielding Zone Cricket outside) Dance Assessing Level 3/4 (Durham) (To be performed at the end of the performance)	OAA Where am I? Electric Fence (Durham) outside Athletics Faster, higher, further Distance Challenge (Durham) outside)

Year 4	Games	<u>Games</u>	Games	Dance	OAA	<u>Games</u>
, 50.	Invasion	Target	Invasion Grid Rugby	What's So Funny?/ Children's	Where am I?	Striking and fielding
	End zone	Basketball	(Durham)	interests	Electric Fence	Zone Cricket
	(Durham	(outside)	<mark>outside)</mark>	Assessing level 3/4	(Durham)	<mark>outside)</mark>
	outside)		<u>Games</u>	(Durham)	outside)	Dance
	<u>Gymnastics</u>	<u>Games</u>	Net/wall		<u>Athletics</u>	Assessing Level 3/4
	Assessing Level 3 Partner	Striking and fielding	Mini-Tennis	<u>Games</u>	Faster, higher, further	(Durham)
	Work	Runners	(Durham)	Football	Distance Challenge	(To be performed at the end
	(Durham)	(Durham)		<mark>outside)</mark>	(Durham)	of the performance)
	(To be performed)				outside)	,
Year	Games	<u>Games</u>	Dance	<u>Games</u>	<u>Games</u>	OAA
	Invasion	Football	Assessing level 4/5	Net/wall	Kwik cricket	Search and rescue
5	Wide attach/netball	FA skills	(Durham)	What a Racket	outside)	Orienteering against the clock
	outside)	outside)		(Durham)	Dance	(Durham)
		<u>Gymnastics</u>	<u>Games</u>		Masquerade	outside)
	Games	Assessing Level 4/5	Invasion	Games	Assessing level 4/5	Athletics
	Target	(Durham)	Calling the shots	Net/wall	(Durham)	Relay
	Handball	(To be performed)	outside)	What a Racket		Distance challenge
		•		(Durham)	(To be performed at the end	Three jump challenge
					of the performance)	Furthest five
					, per , er	(Durham)
						<mark>outside)</mark>
Year 6	Games	Games	Games	Dance	OAA	
/ Cui C	Football	Invasion	Net/wall	Assessing level 4/5	Search and rescue	<u>Games</u>
	FA skills	Wide attach/netball	What a Racket	(Durham)	Orienteering against the clock	Kwik cricket
	outside)	outside)	(Durham)		(Durham)	<mark>outside)</mark>
	Gymnastics			Games	outside)	Dance
	Assessing Level 4/5	Games	Games	Invasion	Athletics	Masquerade
	(Durham)	Target	Net/wall	Calling the shots	Relay	Assessing level 4/5
	(To be performed)	Handball	What a Racket	outside)	Distance challenge	(Durham)
			(Durham)		Three jump challenge	
			,		Furthest five	(To be performed at the end
					(Durham)	of the performance)
					outside)	

EYFS PE Long Term Plan

Aims

Physical Development Areas of Learning

Physical activity is important in children's all-round development and to enable them to pursue healthy and active lives. Through opportunities to be active, children develop:

- coordination
- control
- precision of movement
- strength
- the habit of exercise
- precision when using small tools correctly

Physical development is split into two categories; Gross Motor and Fine Motor. For the purpose of PE lessons, the main focus will be that of Gross Motor with teacher incorporating Fine Motor into daily activities within the classroom.

EYFS - Content

Gross Motor

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

EYFS PE Long Term Plan

For each half term, there are 5 skills linking to the EYFS Framework, specifically linking to Gross Motor, which need to be focused upon during lessons. These skills should not be taught in isolation and each lesson will include more than one skill following the Move With Max Programme, instead the focus skill will be a main teaching point during the lesson. It is important each lesson encompasses and build on prior skills.

Autumn	Spring	Summer
Fundamental movement skills. Focus skills: Negotiating space and obstacles safely with the consideration of themselves and others. Running Climbing Balancing Co-ordination	Move With Max Up in space Focus skills: Negotiating space and obstacles safely with the consideration of themselves and others. Running Skipping Throwing Balance	Move With Max Under the Sea Focus skills: Kicking Throwing Jump Catching Striking a ball with an implement
Suggested Texts Use of classroom texts to engage the children.	Suggested Texts The Gruffalo by Julia Donaldson	Suggested Texts Tony Whale A Fishy Tale by Joshua George
For example, Room on the Broom by Julia Donaldson Autumn Move With Max Into the Woods	Spring Move With Max Jack and the incredibly mean stalk	Summer Fundamental movement skills. (with sports day links)
Focus skills: Rolling Skipping Jumping Striking a ball with an implement Dancing	Focus skills: Negotiating space and obstacles safely with the consideration of themselves and others. Running Climbing Balancing Co-ordination	Focus skills: Running Throwing Jumping Skipping Dance
Suggested Texts Aliens Love Underpants by Claire Freedman and Ben Cort	Suggested Texts Jack and the Incredibly Mean Stalk by Gemma Cary and Kelly Caswell	Suggested Texts Use of classroom texts to engage the children For example, Giraffes Can't Dance by Giles Andreae

Key Stage One PE Long Term Plan

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

KS1 - Content

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Year One PE Long Term Plan

Autumn 1	Spring 1	Summer 1
Games	Dance	Games
Target	What's So Funny?	Target
Ten point hoop	(Durham)	Boundary Line
		(Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Move, lock, throw, under arm, defend, space, shoot, release, score, control, balance	Character, narrative, communication, gesture, repeat, action, question, stretch, sequence, direction, turn, travel, fast, strong, gentle, gallop,	Defend, space, shoot, release, score, control, balance
Compa	skip, freeze Games	Names
Games Target	Invasion	<u>Dance</u> Themes and Dreams
Rolla ball	Three Touch Ball	(Durham)
Kond ban	THE E TOUCH BUIL	(burnam)
Key vocabulary	Key vocabulary	Key vocabulary
Track, roll, underarm, space, free space, track, throw, roll, catch,	Receive, shoot, attack, defend, opponent, dodge,, score, pass sen, travel,	Character, narrative, communication, gesture, repeat, action, question,
send, recieve	control, release	stretch, sequence, direction, turn, travel, fast, strong, gentle, gallop,
		skip, freeze
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti	Giraffes Can't Dance by Giles Andreae	World At Your Feet by Rob Parker
(Teamwork)	(Dance)	(Ball games/teamwork)
Autumn 2	Spring 2	Summer 2
_		044
<u>Games</u>	<u>Games</u>	<u>OAA</u>
Invasion	Kick Rounders	Where Are We Going?
	Kick Rounders Beanbag Throw	Where Are We Going? Gone Fishing
Invasion Skittles	Kick Rounders Beanbag Throw (Durham)	Where Are We Going? Gone Fishing (Durham)
Invasion	Kick Rounders Beanbag Throw	Where Are We Going? Gone Fishing
Invasion Skittles	Kick Rounders Beanbag Throw (Durham)	Where Are We Going? Gone Fishing (Durham)
Invasion Skittles	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score,	Where Are We Going? Gone Fishing (Durham) Key vocabulary
Invasion Skittles Key vocabulary	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving
Invasion Skittles Key vocabulary Gymnastics	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five
Trivasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act (Durham)	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis (Durham)	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match Off, Up and Away
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act (Durham) Key vocabulary	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis (Durham) Key vocabulary	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match Off, Up and Away Key vocabulary
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act (Durham) Key vocabulary Floor, mat, sequence, mirror, turn, speed, travel, front support, back support, symmetry, perform, leap, land stretch, balance Suggested Texts	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis (Durham) Key vocabulary Hit, rally, attack, points, court, target, defend, opponent, tactics, score,	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match Off, Up and Away Key vocabulary Run, hop, catch, skip, step, directions, forewards, backwards, trow,
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act (Durham) Key vocabulary Floor, mat, sequence, mirror, turn, speed, travel, front support, back support, symmetry, perform, leap, land stretch, balance Suggested Texts Nadia The Girl Who Couldn't Sit Still by Karlin Gray	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis (Durham) Key vocabulary Hit, rally, attack, points, court, target, defend, opponent, tactics, score, space, racket	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match Off, Up and Away Key vocabulary Run, hop, catch, skip, step, directions, forewards, backwards, trow, sidewards, hi, low, accuracy, distance, sprint, fast, height, slow Suggested Texts The Once Upon a Time Map Book by B G Hennessy
Invasion Skittles Key vocabulary Gymnastics Assessing Level 1-2 / Balancing Act (Durham) Key vocabulary Floor, mat, sequence, mirror, turn, speed, travel, front support, back support, symmetry, perform, leap, land stretch, balance Suggested Texts	Kick Rounders Beanbag Throw (Durham) Key vocabulary Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics Games Net/wall Mini-Tennis (Durham) Key vocabulary Hit, rally, attack, points, court, target, defend, opponent, tactics, score, space, racket Suggested Texts	Where Are We Going? Gone Fishing (Durham) Key vocabulary Explore, maps, picture, symbol, trail, problem solving Athletics Furthest Five Colour Match Off, Up and Away Key vocabulary Run, hop, catch, skip, step, directions, forewards, backwards, trow, sidewards, hi, low, accuracy, distance, sprint, fast, height, slow Suggested Texts

Year Two PE Long Term Plan

Autumn 1	Spring 1	Summer 1
Games	Games	OAA
Invasion	Kick Rounders	Where Are We Going?
Skittles	Beanbag Throw	Gone Fishing
	(Durham)	(Durham)
Key vocabulary	Key vocabulary	Key vocabulary
	Kicking, following, speed, watching, striking, sprint, placement, score, fielding, tactics	Explore, maps, picture, symbol, trail, problem solving
<u>Gymnastics</u>	Games	<u>Athletics</u>
Assessing Level 1-2 / Balancing Act	Net/wall	Furthest Five
(Durham)	Mini-Tennis	Colour Match
	(Durham)	Off, Up and Away
Key vocabulary	Key vocabulary	Key vocabulary
Floor, mat, sequence, mirror, turn, speed, travel, front support, back support, symmetry, perform, leap, land stretch, balance	Hit, rally, attack, points, court, target, defend, opponent, tactics, score, space, racket	Run, hop, catch, skip, step, directions, forewards, backwards, trow, sidewards, hi, low, accuracy, distance, sprint, fast, height, slow
Suggested Texts	Suggested Texts	Suggested Texts
Nadia The Girl Who Couldn't Sit Still by Karlin Gray	I Am Billy Jean King by Brad Meltzer	The Once Upon a Time Map Book by B G Hennessy
She's Got This by Laurie Hernandez	(Tennis)	(Maps - OAA)
(Gymnastics)		
Autumn 2	Spring 2	Summer 2
Games	Dance	Games
Target	What's So Funny?	Target
Ten point hoop	(Durham)	Boundary Line
		(Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Move, lock, throw, under arm, defend, space, shoot, release, score,	Character, narrative, communication, gesture, repeat, action, question,	Defend, space, shoot, release, score, control, balance
control, balance	stretch, sequence, direction, turn, travel, fast, strong, gentle, gallop,	
	skip, freeze	
Games	Games	Dance
Target	Invasion	Themes and Dreams
Rolla ball	Three Touch Ball (Adapted)	(Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Track, roll, underarm, space, free space, track, throw, roll, catch,	Receive, shoot, attack, defend, opponent, dodge,, score, pass sen, travel,	Character, narrative, communication, gesture, repeat, action, question,
send, recieve	control, release	stretch, sequence, direction, turn, travel, fast, strong, gentle, gallop,
		skip, freeze
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti	Giraffes Can't Dance by Giles Andreae	World At Your Feet by Rob Parker
(Teamwork)	(Dance)	(Ball games/teamwork)
(Teamwork)	((builder realition it)

KS2 PE Long Term Plan

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- · are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

KS2 - Content

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Year Three PE Long Term Plan

If your class is swimming, have a conversation with the PE subject lead to decide PE Priorities.

The vocabulary used in lessons should build on KS1 vocabulary and use the following:

Autumn 1	Spring 1	Summer 1
Games Target Basketa	<u>Dance</u> What's So Funny? Assessing level 3/4 (Durham)	Games Striking and fielding Zone Cricket
Key vocabulary	Key vocabulary	Key vocabulary
Positions, tactics, faint, bounce, pass, decision making, communication, support, marking, awareness, co-ordination	Character, gesture, communication, props, narrative, choreograph, repetition, action, unison	Field, bowler, under arm, overarm, pitch, boundary, wicket, feeder, wicket keeper, innings, umpire, eye-contact
Games Striking and fielding Runners (Durham)	Games Invasion Football (Durham)	Dance Assessing Level 3/4 (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Field, bowler, under arm, overarm, pitch, boundary, wicket, feeder, wicket keeper, innings	Positions, tactics, possession, shape, communication, support, marking, dribble, awareness, head-position, dribble, control, time	Character, gesture, communication, props, narrative, choreograph, repetition, action, unison
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti (Teamwork)	Giraffes Can't Dance by Giles Andreae (Dance)	World At Your Feet by Rob Parker (Ball games/teamwork)
Autumn 2	Spring 2	Summer 2
Games Invasion End Zone (Durham) Key vocabulary	Games Invasion Grid Rugby (Durham) Key vocabulary	OAA Where am I? Electric Fence (Durham) Key vocabulary
Positions, tactics, possession, shape, communication, support, marking, dribble, awareness, head-position, dribble, control, time	Possession, try, width, track, agility, opponent, defend, pitch, dodge, travel	Strategies, orientate, review, plan, responsibilities, communication, safety, evaluate
Gymnastics Assessing Level 3/4 Partner Work (Durham)	Games Net/wall Mini-Tennis (Durham)	Athletics Faster, higher, further Distance Challenge (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Tension, extension, pathway, travel, along, relaxation, partners, counter tension, improve, adapt, balance, control Suggested Texts	Singles, court, racket, overhead, striking, sprint, agility, body position, technique, grip, depth, space Suggested Texts	Fitness, agility, race, stamina, record, action, stride, dominant, co- ordination, power, breathing Suggested Texts
Nadia The Girl Who Couldn't Sit Still by Karlin Gray She's Got This by Laurie Hernandez (Gymnastics)	I Am Billy Jean King by Brad Meltzer (Tennis)	The Once Upon a Time Map Book by B G Hennessy (Maps - OAA)

Year Four PE Long Term Plan

If your class is swimming, have a conversation with the PE subject lead to decide PE Priorities. The vocabulary used in lessons should build on KS1 vocabulary and use the following:

Autumn 1	Spring 1	Summer 1
Games Invasion End Zone (Durham)	Games Invasion Grid Rugby (Durham)	OAA Where am I? Electric Fence (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Positions, tactics, possession, shape, communication, support, marking, dribble, awareness, head-position, dribble, control, time	Possession, try, width, track, agility, opponent, defend, pitch, dodge, travel	Strategies, orientate, review, plan, responsibilities, communication, safety, evaluate
Gymnastics Assessing Level 3/4 Partner Work (Durham)	Games Net/wall Mini-Tennis (Durham)	Athletics Faster, higher, further Distance Challenge (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Tension, extension, pathway, travel, along, relaxation, partners, counter tension, improve, adapt, balance, control	Singles, court, racket, overhead, striking, sprint, agility, body position, technique, grip, depth, space	Fitness, agility, race, stamina, record, action, stride, dominant, co- ordination, power, breathing
Suggested Texts	Suggested Texts	Suggested Texts
Nadia The Girl Who Couldn't Sit Still by Karlin Gray She's Got This by Laurie Hernandez (Gymnastics)	I Am Billy Jean King by Brad Meltzer (Tennis)	The Once Upon a Time Map Book by B G Hennessy (Maps - OAA)
Autumn 2	Spring 2	Summer 2
Games Target Basketa	Dance What's So Funny? Assessing level 3/4 (Durham)	Games Striking and fielding Zone Cricket
Key vocabulary	Key vocabulary	Key vocabulary
Positions, tactics, faint, bounce, pass, decision making, communication, support, marking, awareness, co-ordination	Character, gesture, communication, props, narrative, choreograph, repetition, action, unison	Field, bowler, under arm, overarm, pitch, boundary, wicket, feeder, wicket keeper, innings, umpire, eye-contact
Games Striking and fielding Runners (Durham)	Games Invasion Football (Durham)	Dance Assessing Level 3/4 (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Field, bowler, under arm, overarm, pitch, boundary, wicket, feeder, wicket keeper, innings	Positions, tactics, possession, shape, communication, support, marking, dribble, awareness, head-position, dribble, control, time	Character, gesture, communication, props, narrative, choreograph, repetition, action, unison
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti (Teamwork)	Giraffes Can't Dance by Giles Andreae (Dance)	World At Your Feet by Rob Parker (Ball games/teamwork)

Year Five PE Long Term Plan

If your class is swimming, have a conversation with the PE subject lead to decide PE Priorities. The vocabulary used in lessons should build on KS1 vocabulary and use the following:

Autumn 1	Spring 1	Summer 1
Games Target Handball	Dance Assessing level 4/5 (Durham)	Games Kwik cricket
Key vocabulary	Key vocabulary	Key vocabulary
Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting, agility, co-ordination	Techniques, formation, rhythm, technique, motif, variation, interpret, style, mobilize	Batting, fielding, feeder, wicket, stance, bowler, wicketkeeper, offside, communication, umpire, organise, innings, non striker, leg-side
<u>Games</u>	<u>Games</u>	Dance
Invasion Wide attach/netball	Invasion Calling the shots	Masquerade Assessing level 4/5 (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Formation, center pass, defend, communication, positional awareness, controlled aggression, decision making, varied tactics, support, follow	Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting,	Techniques, formation, rhythm, technique, motif, variation, interpret, style, mobilize
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti (Teamwork)	Giraffes Can't Dance by Giles Andreae (Dance)	World At Your Feet by Rob Parker (Ball games/teamwork)
Autumn 2	Spring 2	Summer 2
Games Football FA skills	Games Net/wall What a Racket (Durham)	OAA Search and rescue Orienteering against the clock (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting, jockey	Forehand, backhand, volley, overhead, singles, doubles, love, width, depth, umpire, fault, volley	Plan, review, improve, collaborate, contact, orienteer, timing, team work, problem solve, perseverance, barriers, agility reference, strength
<u>Gymnastics</u> Assessing Level 4/5 (Durham)	Games Net/wall What a Racket (Durham)	Athletics Relay Distance challenge Three jump challenge Furthest five (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Counterbalance, counter tension, obstacle, straddle over, judgement, aesthetic, inclined, symmetry, asymmetrical	Forehand, backhand, volley, overhead, singles, doubles, love, width, depth, umpire, fault, volley	Power, technique, performance, competition, personal best, efficient, javelin, landing, dominant, foul
Suggested Texts	Suggested Texts	Suggested Texts
Nadia The Girl Who Couldn't Sit Still by Karlin Gray She's Got This by Laurie Hernandez (Gymnastics)	I Am Billy Jean King by Brad Meltzer (Tennis)	The Once Upon a Time Map Book by B G Hennessy (Maps - OAA)

Year Six PE Long Term Plan

If your class is swimming, have a conversation with the PE subject lead to decide PE Priorities. The vocabulary used in lessons should build on KS1 vocabulary and use the following:

Autumn 1	Spring 1	Summer 1
Games Football FA skills	Games Net/wall What a Racket (Durham)	OAA Search and rescue Orienteering against the clock (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting, jockey	Forehand, backhand, volley, overhead, singles, doubles, love, width, depth, umpire, fault, volley	Plan, review, improve, collaborate, contact, orienteer, timing, team work, problem solve, perseverance, barriers, agility reference, strength
Gymnastics Assessing Level 4/5 (Durham)	Games Net/wall What a Racket (Durham)	Athletics Relay Distance challenge Three jump challenge Furthest five (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Counterbalance, counter tension, obstacle, straddle over, judgement, aesthetic, inclined, symmetry, asymmetrical	Forehand, backhand, volley, overhead, singles, doubles, love, width, depth, umpire, fault, volley	Power, technique, performance, competition, personal best, efficient, javelin, landing, dominant, foul
Suggested Texts	Suggested Texts	Suggested Texts
Nadia The Girl Who Couldn't Sit Still by Karlin Gray She's Got This by Laurie Hernandez (Gymnastics)	I Am Billy Jean King by Brad Meltzer (Tennis)	The Once Upon a Time Map Book by B G Hennessy (Maps - OAA)
Autumn 2	Spring 2	Summer 2
Games Target Handball	Dance Assessing level 4/5 (Durham)	<u>Games</u> Kwik cricket
Key vocabulary	Key vocabulary	Key vocabulary
Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting, agility, co-ordination	Techniques, formation, rhythm, technique, motif, variation, interpret, style, mobilize	Batting, fielding, feeder, wicket, stance, bowler, wicketkeeper, offside, communication, umpire, organise, innings, non striker, leg-side
Games Invasion Wide attach/netball	Games Invasion Calling the shots	Dance Masquerade Assessing level 4/5 (Durham)
Key vocabulary	Key vocabulary	Key vocabulary
Formation, center pass, defend, communication, positional awareness, controlled aggression, decision making, varied tactics, support, follow	Possession, shape, intercept, control, varied tactics, evaluate, leader, organization, communication, dummy, , positional awareness, supporting,	Techniques, formation, rhythm, technique, motif, variation, interpret, style, mobilize
Suggested Texts	Suggested Texts	Suggested Texts
Ping vs Pong by Mauro Gatti (Teamwork)	Giraffes Can't Dance by Giles Andreae (Dance)	World At Your Feet by Rob Parker (Ball games/teamwork)